Valley Church Women's Ministries Bible Study Inventory

(Updated July 2020)

DVD Studies

1 Peter: A Living Hope by Jen Wilkin -DVD – 9 sessions

Study the book of 1 Peter with Jen Wilkin in this 9-session Bible Study. Peter, a man of faith and flaws and an eyewitness to the life of Christ, challenges us to look beyond our current circumstances to a future inheritance. In 1 Peter, he shares concerns about issues for the early believers and points us to humility and submission.

5 Conversations you Must have with Your Daughter by Vicki Courtney – DVD – 6 sessions

Your daughter's growing up. The world has a lot to say to her, and she's starting to listen. Even if she doesn't quite know it, she needs you more than ever. It's time for you to press in, to tell her some things she might not know (or might have forgotten) about who she is in God's eyes. Just five conversations, but they could be the basis for a whole new way of relating to your daughter.

5 Conversations you Must have with Your Son by Vicki Courtney – DVD – 6 sessions A women's Bible study for moms who desire to help their sons build foundations of faith that will equip them throughout their lives. Author, Vicki Courtney, helps you prepare to talk to your son about the tough topics because even though knowing what to say or how to say it can be hard, there's no one better to teach him about life, love, and faith than you

Anointed, Transformed, Redeemed by Kay Arthur, Beth Moore & Priscilla Shirer – DVD – 6 sessions

Anointed, Transformed, Redeemed: A Study of David is based on the teaching sessions of the Deeper Still conference featuring Beth Moore, Priscilla Shirer, and Kay Arthur. These three women explored their lives and the life of David in this six-session women's Bible study. Taped at the 2007 Deeper Still women's event, the messages presented by these beloved authors are divided into three segments, two lessons from each author. Each segment focuses on the life of David at a different stage of his life: as a young man (sessions one and two by Priscilla Shirer), as a middle-aged man (sessions three and four by Beth Moore), and as a man facing the final third of his life (sessions five and six by Kay Arthur). You'll laugh with them, cry with them, and learn to love God with them.

Armor of God by Priscilla Shirer – DVD – 7 sessions

All day, every day, an invisible war rages around you. A cunning, devilish enemy seeks to wreak havoc on everything that matters to you - your emotions, your mind, your family, your future. But...when the enemy meets a woman dressed for the occasion, he fails miserably. Join Priscilla Shirer in a 7-session Bible study that will challenge you to suit up, stand firm, and secure victory in your life.

Becoming a Woman of Influence by Carol Kent - DVD - 9 sessions

Jesus' twelve disciples changed the world forever. Wouldn't you like to have a similar impact on others? But how do we accomplish this as human, imperfect people? How can we mentor others in a life-changing and even world-changing way? With Carol Kent's help, discover the power you have in Christ to influence others as Jesus did. Learn seven simple, life –changing principles Jesus used to disciple His followers, such as asking questions, extending unconditional love, and telling stories. Through practical examples, see how your struggles and triumphs can inspire others. Whether you're a growing Christian or a trained leader, prepare to live intentionally and become a valued mentor who leaves an eternal mark on others.

Brave- Honest Questions Women Ask by Angela Thomas - DVD - 7 sessions

We've all got insecurities, flaws, and struggles that we're afraid to address. But if we can be brave enough to raise the questions, God will answer us. You've got questions. God's got answers. Be brave. Ask.

The Daniel Plan - 40 Days to a Healthier Life-by Rick Warren – DVD - 6 sessions

During an afternoon of baptizing over 800 people, Pastor Rick Warren realized it was time for change. He told his congregation he needed to lose weight and asked if anyone wanted to join him. He thought maybe 200 people would sign up, instead he witnessed a movement unfold as 15,000 people lost over 260,000 pounds in the first year. With assistance from medical and fitness experts, Pastor Rick and thousands of people began a journey to transform their lives.

Discerning the Voice of God by Priscilla Shirer – DVD – 7 sessions

If hearing God has seemed challenging, Priscilla Shirer's *Discerning the Voice of God* Bible Study will help you explore a relationship with God that will make hearing him an ongoing experience. This 7-session revised and expanded edition reflects her growth through new stories, illustrations, and exercises.

Everybody Always by Bob Goff – DVD – 5 sessions

What would happen if we stopped worrying about a challenging world filled with difficult people, and instead decided to love everybody? In this five-session **Everybody**, **Always Video Study**, bestselling author Bob Goff shares simple and practical steps to love everybody, always, the way Jesus did - including the "creepy people" who are difficult to love.

Experiencing God by Henry & Richard Blackaby, Claude King – DVD – 12 sessions Over the years God has used the truths of Experiencing God to awaken believers to a radically God-centered way of life. As a result, millions have come to know God intimately, to recognize His voice, and to understand His will for their lives.

Faithful, Abundant, True by Kay Arthur, Beth Moore & Priscilla Shirer – DVD – 6 sessions Join Beth Moore, Kay Arthur, and Priscilla Shirer in a women's Bible study recorded live at the Orlando Deeper Still conference. While these three women each speak on the distinctive topic the Holy Spirit had lead them to teach, the messages result in a marvelous blend. Kay challenges us to faithfulness in difficult days. Priscilla points to the essential of trust in God's ability, and Beth teaches on how to discern truth from error in these difficult days.

The Family of Jesus by Karen Kingsbury - DVD - 6 sessions

Karen Kingsbury, one of America's favorite storytellers, will make Jesus' family feel like your own. In her first Bible study, Karen guides us through the customs, emotions, and challenges of being a part of the family of Jesus. Through Scripture and compelling storytelling, step into the days when He walked the earth and get to know His closest relatives.

Finding I Am by Lysa TerKeurst – DVD – 6 sessions

Is there an ache in your heart that keeps you up at night? A prayer you pray over and over again? Jesus wants to meet you in those moments of struggle and help you through. *Finding I AM* by Lysa TerKeurst is a DVD study that takes you to the ancient streets of Israel to find Biblical truth that speaks today. You'll explore the seven I AM statements of Jesus found in the Gospel of John and in doing so become empowered to trade feelings of depletion and hurt for wholeness in knowing who Jesus is like never before.

Gideon - Your Weakness, God's Strength by Priscilla Shirer - DVD - 7 sessions

Ever feel insufficient? Could it be that your weaknesses are the keys that unlock God's strength? Through a look at the life of Gideon, you can discover that instead of ignoring, neglecting, or trying to escape your weaknesses, you can see them as the gifts, given specifically and strategically by God to unlock the door of God's strength.

The Girl's Still Got It-by Liz Curtis Higgs - DVD – (can be done in 4, 6, or 12 weeks)

Liz recorded a two-hour video teaching of The Girl's Still Got It, which neatly divides into 12 segments of about 10 minutes each to go with the 12 chapters of the book. Use it for a 12-week study, a 6-week study, a 4-week study...whatever works best for you and your group.

Author and speaker Liz Curtis Higgs takes a high-spirited walk through the biblical book of Ruth, bringing to life this beloved rags-to-redemption story for two dozen women in a cozy coffeehouse setting. Grab a seat and join the fun!

God, I'm Ready to Walk in Faith by Thelma Wells - DVD - 6 sessions

In this dynamic DVD study, popular author and Extraordinary Women conference speaker Thelma Wells presents six 30-minute sessions that will have women leaning forward in their seats and moving toward a faith that exceeds their greatest hopes. With infectious joy Mama T brings out compelling stories, biblical wisdom, and a few pairs of shoes representing different times in her life as she inspires the live audience and women viewers to submit their lives, goals, and dreams to God; learn more about God's character to cultivate a powerful faith; and trust in God's generous plans for them and live them out.

He Loves Me by Cindy Bultema - 1 DVD

From her struggle with a variety of addictions, a constant battle with low self-esteem, and the death of her fiancé, she shares insights to encourage you in your own journey to peace. Gain a better understanding of God's faithfulness and unconditional love. Discover how He can reveal the truth of your identity, pull you through the most tragic times in life, and bring you to a place of peace in Him.

Hosea by Jennifer Rothschild – DVD - 7 Sessions

Unfailing love changes everything. Discover the God who cherishes you.

I Saw the Lord by Anne Graham Lotz – DVD - 8 sessions

Christians who feel they are missing something will wake up to how much Jesus loves them and passionately desires to revive their lives through a fresh commitment to holiness. A revived faith means a life totally dedicated to God and totally committed to the Word of God. Relationship with God takes first priority; service and mission flow from this deepened, intimate, personal relationship with God.

Jonah - Navigating a Life Interrupted by Priscilla Shirer - DVD - 6 sessions

Interruptions. They're aggravating. Sometimes infuriating. They make us want to tell people what we think of them. But how we handle interruptions actually tell us more about ourselves. The prophet Jonah's existence was interrupted by a call of God that would require a complete change of life. When Jonah was willing to allow God to interrupt his life, the result was revival in an entire city.

Just Open the Door by Lisa Jo Baker – DVD – 7 sessions

Hospitality is one of the best ways to live out the two greatest commandments: loving God with all your heart and your neighbor as yourself. But often we get caught up in perfecting our homes and conversations before we open our doors. Over 7 sessions, look to Jesus as your model for hospitality. Discover how He lived a life full of interruptions, yet always welcomed people and invited them to follow Him. Learn to replace cultural expectations with biblical hospitality to create a legacy of invitation and reflect Jesus through simple acts of service.

The Life-Changing Power in the Blood of Christ by Jennifer Kennedy Dean – DVD – 8 sessions

Weaving together Old Testament imagery and New Testament teaching with facts of science and biology, *The Life Changing Power in the Blood of Christ* presents a cogent, solidly constructed explanation of how the blood of Christ operates at full power in the life of every believer who yields to its life-giving flow.

Love Does: Discover a Secretly Incredible Life in an Ordinary World by Bob Goff – DVD – 5 sessions

In Love Does, you will discover the whimsy of New York Times best-selling author Bob Goff through a sometimes humorous, thought-provoking, meaningful lesson that makes faith in God simple and real. You will discover the paradigm shifts, musings, and stories from one of the world's most delightfully engaging and winsome people. What fuels his impact? Love. But it's not the kind of love that stops at thoughts and feelings. Bob's love takes action, just like Jesus did. Bob believes Love Does. When Love Does, life gets interesting. Light and fun, unique and profound, the lessons drawn from Bob's life and attitude just might inspire you to be secretly incredible too.

Made to Crave by Lysa TerKeurst – DVD - 6 sessions plus bonus session

Has food become more about frustration than fulfillment? The NY Times Bestselling release Made to Crave is the missing link between a woman's desire to be healthy and the spiritual empowerment necessary to make that happen. This book is not a how-to manual or the latest, greatest dieting plan. Made to Crave is a helpfulompanion to use alongside whatever healthy eating approach you choose — a book and Bible study to help you find the "want to" in how to make healthy lifestyle changes.

The Magnificent Obsession by Anne Graham Lotz – DVD – 7 sessions

Is your heart yearning to know if there's something more to this life? Anne has found answers to her heart's yearning through studying the life of Abraham.

Nehemiah – A Heart that can Break by Kelly Minter – DVD – 7 sessions

Nehemiah's heart was so broken for those in need that he left the comfort of his Persian palace to help them. This study challenges women to let God break their hearts for a hurting, lost world and move them in compassion to lead people to Jesus.

The Power of a Woman's Words by Sharon Jaynes - DVD – 6 sessions

Your words have the power to change the course of a day...or the course of a life. In six video sessions, Sharon Jaynes will help you learn how to make a life-changing impact with your words.

Precept Upon Precept - Covenant: Knowing God's Covenant by Kay Arthur - DVD - 11 sessions

See this incredible thread running from Genesis through Revelation. God enters into a binding agreement with His people and always keeps His promises. Trusting Him as a covenant partner frees us from the bondage of worry and anxiety. This study will transform the way you read the Scriptures!

Precept Upon Precept – Mark: The Gospel of Jesus Crist, Son of God, Son of Man by

Kav Arthur - DVD – 9 sessions

The most important question you will ever answer is this: Who do you believe Jesus Christ is? With all the opinions floating around – He's a good man, a teacher, a prophet, the Son of God – how can you know who is right? Mark's account of Jesus' life gives you the answer, and it is more action-packed and fast-paced than the other three Gospel records. Rather than rehearsing what people said about Jesus, Mark shows you what Jesus actually did. As you learn to carefully observe Mark's report, you'll discover that Jesus left no doubt about who He claimed to be. His miracles demonstrated His authority over sickness and infirmity, spiritual darkness, dead religion, threats from nature, and even death itself.

Precept Upon Precept – Titus: Developing Character and Integrity in the Midst of a Society Which Has Lost Respect for God by Kay Arthur - DVD – 3 sessions

How do you live with integrity in a nation without morals? Can the church effectively engage and change this destructive condition in our society? How does you life reflect your faith? You can change the culture into which God has called you.

Resolving Everyday Conflict by Peacemaker Ministries – DVD – 8 sessions

Resolving Everyday Conflict is an eight-week DVD study that unpacks the amazing things the Bible has to say about conflict and relationships in a fun, non-threatening, and "non-churchy" way. Give the people inside and outside your church the powerful and practical answers they are looking for to forever change how conflict looks in their lives ... and teach them about Jesus at the same time.

Sacred Rhythms by Ruth Haley Barton – DVD – 6 sessions

Drawing on the imagery of the natural rhythms of the created order, Sacred Rhythms explores the practices that spiritual seekers and growing disciples have used throughout history to grow closer to God. In a similar way, the disciplines of the spiritual life are the basic components of the rhythm of intimacy that feeds the soul, keeping Christians open and available to God's surprising initiative in their lives.

Seamless by Angie Thomas – DVD - 7 Sessions

Seamless covers the people, places, and promises of the Bible, tying them together into the greater story of Scripture. Participants will gain an overarching understanding of the fundamental layout and meaning of God's Word. Each week of study features key information that ties all of scripture together into the seamless truth of the gospel message and is accompanied by maps, general Bible facts, and word studies.

The Seven Experiment - by Jen Hatmaker - DVD - 9 sessions

Do you feel trapped in the machine of excess? Jen Hatmaker was. Her friends were. And some might say that our culture is. When Jen was called "rich" by a child who was living in poverty, she began a social experiment which evolved into a spiritual journey. Through this study, you'll start that same experiment, at whatever level you choose, in seven key areas: food, clothes, spending, media, possessions, waste, and stress.

Stronger - by Angela Thomas – DVD – 7 Sessions

God is greater than every struggle you will ever face. Every. Single. One. Today, because of Christ, you can live stronger. This 7 session study will guide you into biblical truth, so you ca live a confident, transformed, Christ-radiating life marked by His strength.

Stuck – by Jennie Allen - DVD – 8 sessions

God has a plan for the stuck spaces inside of us, the places we feel broken. But we have to go to Him. Stuck is a eight-session video-based small group Bible study to take an honest look at the fight going on inside, leading us to the God who has a plan to restore us. At the end of our journey, we find God waiting for us with hope and freedom.

Unglued – Making Wise Choices in the Midst of Raw Emotions by Lysa TerKeurst – DVD

6 sessions

Lysa TerKeurst admits that she, like most women, has experiences where others bump into her happy and she comes emotionally unglued. We stuff, we explode, or react somewhere in between.

What do we do with these raw emotions? Is it really possible to make emotions work for us instead of against us? Yes, and in her usual inspiring and practical way, Lysa will show you how.

The Vision of His Glory by Anne Graham Lotz – DVD – 6 sessions

The book of Revelation was written to help Christians who are experiencing pressure and problems, stress and suffering, crisis and change, to keep their focus on Jesus at such a time as this. Based on the book by the same title, *The Vision of His Glory* is a seven-session video seminar on DVD that is ideal for small group studies at your church or home.

Walking by Faith by Jennifer Rothschild – DVD – 7 Sessions

By examining the practical differences between walking by sight and walking by faith, Rothschild offers valuable spiritual lessons on: taking risks, giving God control, trusting in His will, preserving through hardship, and being guided by the Truth. Created especially for women, this interactive Bible study promises to be an eye-opening experience.

We Saved You a Seat by Lisa Jo Baker – DVD – 7 sessions

We Saved You a Seat Bible Study is a 7-session study that explores our relationship with Jesus as the ultimate model for authentic friendship. Nothing shapes us like the impact of a friend - it's how Jesus radically and intimately connects with us. So instead of chasing perfection, overcome your fear of being known and find the courage to connect.

What Happens When Women Say Yes to God by Lysa TerKeurst – DVD – 6 sessions

Do you want to experience life in extraordinary ways? Then see what happens when you say yes to God! In six powerful 30-minute sessions, Lysa TerKeurst paints an inspiring picture of the great path He has for you.

What Love Is - by Kelly Minter - DVD - 7 Sessions

John anchors us with truth in a culture that has lost its way. He separates light from darkness, offers community for loneliness and rest from our striving. Throughout his letters John gives us the ultimate gift of assurance: we can know that we know Jesus.

When I Lay My Isaac Down by Carol Kent - DVD - 8 sessions

Join author and speaker Carol Kent as she shares her personal story of unshakable faith in unthinkable circumstances. This DVD teaching companion to the best-selling book *When I Lay My Isaac Down* comes with everything you need for facilitating life-changing small-group discussion or leading a soul-transforming retreat.

Your Body His Temple - God's Plan for Achieving Emotional Wholeness by Life

Outreach International – DVD – 8 sessions

Caroline Leaf, PhD, Marty Copeland and Janet Maccaro, PhD team up to help you achieve emotional wholeness in your life. In this fast-paced world, it often seems impossible to balance what the Bible says about health and wholeness with the latest scientific information. It doesn't have to be difficult to change your life for the better.

Beth Moore Studies

A Fresh Advent - The Divine Interruption - 1 DVD

A Christmas DVD message based on Luke One.

A Woman's Heart: God's Dwelling Place – DVD– 11 sessions

Explore the fascinating account of the building of the Old Testament tabernacle, the significance of its intricate design, its pivotal role in God's eternal plan, the grand fulfillment of its purpose by Jesus Christ, and its variety of meanings for your walk with God today.

Believing God: Experiencing a Fresh Explosion of Faith – DVD – 10 sessions

Based on Isaiah 43:10, Beth explores what it means not only "to believe in God" but "to believe Him." The bride of Jesus Christ in our generation is nearly paralyzed by unbelief. God is calling His bride to a fresh and lavish anointing of faith. Through studying the lives of Abraham, Moses, and others as examples of persons who believed God, Beth encourages women to deepen their own trust in God and receive a fresh word from Him.

Breaking Free (updated version) – DVD – 11 sessions

This in-depth women's Bible study draws parallels between the captive Israelites of the Old Testament and New Testament believers in Jesus as the Promised Messiah. Beth looks at the Book of Isaiah through the lives of the kings who ruled during the prophet's ministry. These kings exemplify many of the obstacles to freedom with which we must deal. Using Scripture to help identify spiritual strongholds in your life, no matter how big or small, Beth explains that anything that hinders us from the benefits of knowing God is bondage. Join Beth Moore on a Bible journey unlike any other. God intends for you to know and believe Him, glorify Him, experience His peace, and enjoy His presence. Breaking Free is Beth's life message that she wants to share with you.

Breath - DVD - 6 Sessions

Breath examines the work of the Holy Spirit in our lives. It's title is drawn from the words of John 20:22, which records that Jesus "breathed on them and said, 'Receive the Holy Spirit.'" The booklet features fill-in-the-blank outlines to use as you follow along with the video teaching as well as lined, blank pages for recording notes from each session. It also includes writings from Moore's daughter Melissa that takes readers deeper into the teaching.

Chasing Vines - DVD - 6 Sessions

Beth explores the ways God delights in watching things grow—and how the vineyard holds the secret to how we can have a more abundant and meaningful life. As she traces the metaphor through Scripture, Beth takes you on a spiritual journey and uncovers how every part of our own lives—even the rockiest, most difficult soil—is used by God to make a difference for His Kingdom.

Children of the Day - DVD - 9 sessions

Join **Beth Moore** and walk the shores of Thessalonica with this verse-by-verse Bible study of 1 and 2 Thessalonians. **Children of the Day** sheds light on the relationships shared by those who comprise the church. As you and Beth lead, your group will gain assurance their circumstances and conditions are not coincidental. God's timing is impeccable! Whether they're facing family crises, medical diagnoses, relationship troubles, doubts, or fears, they will receive encouragement for living the Christian life now And hope for when Christ returns.

Daniel: Lives of Integrity, Words of Prophecy - DVD - 12 sessions

Join Beth in a faith-building study of prophecy and learn how to live with integrity in today's self-absorbed society. The prophet Daniel faced unbelievable pressures to compromise his faith, to live in a hostile culture, and to confront temptations and threats. Today, believers in Jesus Christ face many of the same trials.

David: Seeking a Heart Like His (updated version) - DVD guides - 11 sessions

God will never give up on you. Explore how David's life proves this promise to be true in this updated edition of the best selling A Heart Like His: Seeking the Heart of God Through a Study of David. In this examination of the "man after God's own heart," David will delight and disappoint you. You'll want to be just like him at times and nothing like him at others. If you've ever experienced doubts, temptations, losses, family problems, or personal inconsistencies, this study is for you!

Entrusted – A Study of 2 Timothy – DVD – 6 Sessions

We were never meant to take this journey of faith alone or in secret. God has entrusted us with the great and mighty gift of the gospel, something too precious and life-giving to keep to ourselves.

In this 6-session Bible study, Beth will encourage you to guard what God has entrusted to you, further His kingdom by sharing Christ with others, and pour into future generations just as Paul once mentored Timothy. Because in this journey of joy and hardship, we need each other to stay the course and live lives of faithfulness.

Esther: It's Tough Being a Woman - DVD - 10 sessions

Join Beth in a very personal examination of the Old Testament story of Esther as she peels back the layers of history and shows how very contemporary and applicable the story is to our lives today. If you've ever felt inadequate, threatened, or pushed into situations that seemed overpowering, this is the Bible study for you. Just as it was tough being a woman in Esther's day, it's tough today. This portion of God's Word contains treasures to aid us in our hurried, harried, and pressured lives.

He Is – DVD series – 4 sessions

HE IS is a video collection of four one-hour messages by Beth Moore. Based on the scripture Hebrews 11:6 "Without faith it is impossible to please God, because anyone who comes to Him must believe that HE IS and that He rewards those who earnestly seek Him." (This DVD series does not have a listening guide or in-depth homework.)

Here and Now ... There and Then - DVDs- 11 sessions

In this lecture series on the book of Revelation, Beth presents many points of view, allowing women to decide for themselves when the interpretation varies among scholars. She teaches that God is as specific about what He does reveal as He is about what He does not reveal. Each of the 11 sessions is approximately 1 hour and 15 minutes. The set includes 11 DVDs and one listening guide with light homework.

James: Mercy Triumphs - DVD - 8 Sessions

James forces us to face the implications of faith. Be inspired to put your faith into action in practical ways as you get to know both the man and the Book of James. Join Beth Moore as she explores such concepts as joy, hardship, faith, wisdom, single-mindedness, the tongue, prayer, and more.

The Law of Love – Lessons From the Pages of Deuteronomy – DVD – 6 sessions

Looking for your promised land? Asking, "What's the point?" Beth's teaching is based on the book of Deuteronomy.

Living Beyond Yourself: Exploring the Fruit of the Spirit – DVD– 12 Sessions

Join Beth in a study of the fruit of The Holy Spirit as presented in the book of Galatians. Beth walks participants through each trait listed in the fruit and encourages women to know the freedom of a Spirit-filled life. Through this study participants will look at the supernatural aspects of the fruit and that you cannot grow, learn, or produce the fruit on your own. Beth challenges you to develop the fruit by maintaining an intimate relationship with the Spirit of God. A Spirit-filled life truly results in living beyond yourself.

Loving Well - DVD - 4 sessions

Taped at a Living Proof Live event, Beth discusses how some people are a joy to love, some are difficult to love, and how we all deal with some people who are humanly impossible to love. In all of those relationships one truth endures: We will never be able to love others well until we have been loved well. And only God can ultimately give us the complete love we so desperately need.

The Patriarchs: Encountering the God of Abraham, Isaac, and Jacob – DVD – 11

sessions

Discover God's pursuit of a relationship with man, and marvel as His plan to bless all people unfolds. Full of twists and turns, ruin and redemption, revelation and mystery this Bible study keeps participants captivated by the God who stars in it! Explore concepts such as blessing, covenant, and promise, and the bearing each has on a New Testament believer's life today. Group members will also study the Hebrew names of God introduced on the early pages of Scripture.

Sacred Secrets - DVD - 6 Sessions

Jesus wants to spend secret time with you—an interior relationship that's unique to just you two. *Sacred Secrets* explores the theology of secrets. Secrets can be good or harmful. Some need forgiveness, and some should be kept between you and God. While *Sacred Secrets* is lighter than Beth's typical Bible studies, it does not lack richness or quality. Discussion potential abounds without any expectation of revealing personal, private information. Join Beth to find out what happens when we let God teach us "wisdom in the secret heart" (Psalm 51:6, ESV).

Stepping Up: A Journey Through the Psalms of Ascent - DVD - 7 Sessions

Traveling pilgrims sang these psalms both on the way to the great festivals of the LORD and as key elements of the worship at those festivals. Just as a song or poem can express feelings of fear, doubt, hope, and joy, these 15 psalms model how we can voice our own petitions and praises to our God, who is always available and ready to hear us.

When Godly People Do Ungodly Things: Arming Yourself in the Age of Seduction -

DVD-7 sessions

In this biblical guide to authentic repentance and restoration, Beth examines why devoted followers of Jesus Christ can fall into the traps of Satan. Christians are still subject to Satan's attacks. He is determined to disrupt the lives of believers, destroy their ministry, and steal their joy. Sadly, those who have "fallen" may not recognize the devil's schemes until they have already been caught in a snare of defeat. This six-week Bible study is written in three parts. The first part is a warning to believers, while the second part shows women how to prepare for attacks by the Enemy. The third part is directed to those who have been snared by seduction, and compassionately points the way back to God.

Wising Up – DVD – 12 sessions

A woman's study on the book of Proverbs. Each session is approximately 90 minutes, but no homework. Embedded listening guide in each disc.