

life groups

Questions for the Week of May 28

1. This weekend, Brandon mentioned some everyday annoyances that tend to “push people’s buttons.” What’s a small, day-to-day thing that gets on your nerves more than it probably should, like heavy traffic, long lines, or loud chewers?
2. On a scale of 1–10, how easily do you get angry?
3. Which part of this weekend’s sermon resonated with you the most, and why?
4. Read James 1:19-20. Which do you struggle with the most: being quick to listen, slow to speak, or slow to become angry? Why do you think that’s the case?
5. How do you usually manage and let go of anger? How effective do you find this method?
6. Read Mark 3:1-5 and John 2:13-16. How does Jesus display anger without committing sin?
7. When you feel anger over sin, injustice, and exploitation, how can you turn the tables by loving people?
8. Read Galatians 5:22–23. When you notice growth in the nine virtues listed in this passage, what practices do you attribute it to, and how can you do more of that?

