Small Group

Heart To Heart 1

1. **Share a high and a low from the past week.**
2. **Go around and everyone share about a fun experience they had with a friend.**
3. **Imagine your life with all the friendships you could ever want. Pretend you have lots of deep friendships. How would your life feel?**
4. **Now imagine your life without any friends. How would your life feel?**
5. **What are some things that make it difficult to have friendships? In other words, what are barriers that exist to making or keeping friends?**
6. **Why do you think Jesus talks so much about the importance of his followers showing Christ-like love to one another?**
7. **Read Ephesians 4:22-24 out loud.**
    a. **Take off your former way of life, the old self that is corrupted by deceitful desires [and] be renewed in the spirit of your minds, and…put on the new self, the one created according to God's likeness in righteousness and purity of the truth.**
8. **What is that passage saying? Summarize it in your own words.**
9. **How can that passage apply to your friendships?**
10. **What do you think it takes in order to be a good friend?**
11. **How can following Jesus affect how good of a friend you are?**
12. **What advice would you give to someone who is struggling to make friends?**
13. **Why does it matter that we are created in God's image?**